

GOAL

The goal of therapy is to help you gain insight, heal and learn more constructive ways to deal with problems or issues within your life.

SUPPORT

Therapy can be a supportive process when you are going through a difficult time or you are under increased stress. Your therapist will assist in developing new coping skills that will move you forward in your life.

HELP

Recovery Technology's outpatient services help people deal with stress, anxiety, depression, grief, trauma, impulse control, personality disorders, eating disorders, behavioral, social, marriage or family problems.



Outpatient Therapy

Recovery Technology's Therapy program is recommended when a person is struggling with life-stressors or from a specific mental health concern that is causing an individual a great deal of anguish for longer than a few days.



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517-780-3336

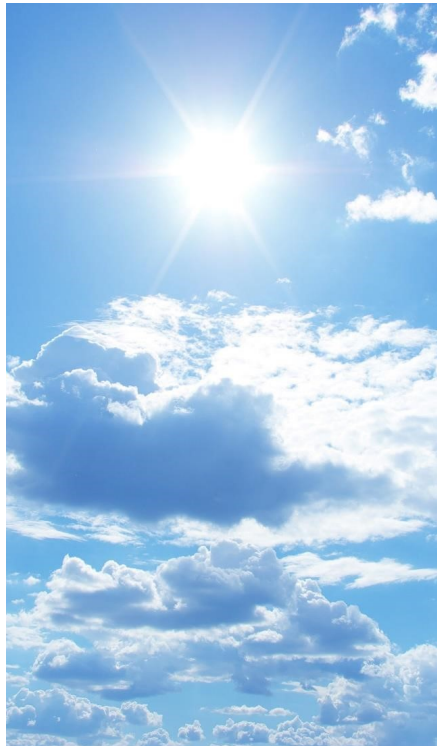


Therapy services include:

- **Assessment and treatment planning to enable optimum functioning**
- **Individual and group treatment interventions**
- **Interventions to decrease readmission to inpatient care**
- **Coordination of mental health and medical health care**
- **Interventions to promote health**
- **Dialectical Behavior Therapy**
- **Eye movement desensitization and reprocessing (EMDR)**

Millions of people seek therapy every year and most research indicates that people benefit from the interaction.

**To contact someone about
Outpatient Therapy Services
call:
517-780-3336**



**The Mission of Recovery
Technology is:**

**To make a positive difference in
the lives of the people we support**

The Recovery Technology Vision is:

**Being committed to helping
people achieve their passions**

Our Core Values are:

**Treat people the way we would
want our loved ones to be treated**

Practice the skills we advocate

Above all else, do no harm

Always take the high road

Accountability

Compassion

Credibility

Honest